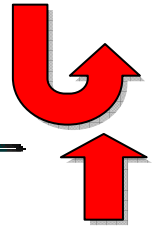


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OVERCOMING PROCRASTINATION

Acts 24.24

1) What is Procrastination?

2) The Stages of Procrastination

1. Ja. 1:14

2. Ge. 3:6

3. Pr 22:13

3) Types of Procrastination

| Category | Slothful | Fearful |
|----------------------------|---|-----------------------------|
| Focus | | |
| Rationalization Techniques | 1. Mt. 25:1-13 2. Pr. 22:13 | 1. Ex. 4:10 2. Lk. 10:41 |
| Weapons | 1. Lk. 14:21 2. Jb. 31:1 3. 1 Pe. 5:5 | 1. Jn. 12:24 2. Lk. 5:4 |

4. The one question to ask when tempted to procrastinate (1 Ki. 18:21) :